

YOUR IMPACT IN GAZA

(Since October 2023)



Over **600,000** people assisted



More than **72 million** hot meals provided



More than **1,500 pregnant women** have received healthcare



Over **100,000 children** have received psychosocial support

(In 2026)



More than **260,000 people** reached with vital aid



Some **248,640 individuals** received qurbani meat



Over **25,250 children** now supported through our Orphan Sponsorship Programme



Over **2,500 children** began attending classes again

Thanks to your generosity, Islamic Relief has been supporting the people of Gaza for decades, including throughout the horrors of the past three years. Your donations have powered life-saving aid including food, medical care, education, and more.



LIFE-SAVING AID FOR PALESTINIANS IN GAZA

Between October 2023 and September 2026, Islamic Relief assisted over 600,000 people in need in Gaza. We have provided over 72 million hot meals, assisted more than 100,000 children through psychosocial support, and supported over 1,500 women through maternal healthcare.

Islamic Relief works through local partners in Gaza, enabling them to deliver much-needed aid, as well as maintaining our own staff on the ground in Gaza. So far in 2026, we have aided over 260,000 people. This includes expanding our orphan sponsorship programme to support more than 25,258 orphaned children and their guardians and providing qurbani meat to 248,640 displaced individuals across the Gaza Strip.

Between July and November 2026, we provided over 5,700 hot meals in 10 collective shelters in Gaza City. The intervention reached over 1,100 displaced families, mostly with particularly vulnerable people, including children, older people, and people living with disabilities or chronic illnesses. We are also supplying vouchers which individuals can redeem at local shops, giving them more choice and supporting local businesses.

Gaza is one of the world's most dangerous places for humanitarian workers, but our incredible local staff and partners are continuing their vital work on the ground. Despite ongoing humanitarian access challenges, Islamic Relief remains committed to continuing to reduce harm to Palestinian children and keep their hope – and futures – alive.

IMPROVING REPRODUCTIVE HEALTH OF PREGNANT WOMEN AND NEWBORNS



Islamic Relief is supporting Al Sahaba Hospital and Al Awda Medical Complex, enabling them to provide comprehensive maternal health services for 370 pregnant women in Gaza. This includes antenatal visits, ultrasounds, lab tests, medicines, vitamins, and safe birthing services, including caesarean sections where needed.

Three tiny miracles: **Alaa's story of hope and survival in Gaza**



Alaa, a 31-year-old mother of five, has faced unimaginable hardship. Forced to flee her home three times, she and her family had to keep starting again in new and unfamiliar places.

One night, her neighbourhood was bombed. Alaa and her family fled into the darkness. "We ran in silence. I held my stomach with both hands and prayed my babies wouldn't slip away while I escaped death," she recalled.

The family eventually found shelter in an overcrowded school, where food, water and medical care was scarce. Alaa became increasingly weak and terrified that she would lose her babies. "Two of my cousins had miscarriages this year. One lost her baby in the eighth month. I was sure I'd be next," she said.

Through Islamic Relief's partnership with Ajyal Association, Alaa began receiving regular maternal care. The project supported her with check-ups, blood tests, vitamins, ultrasound scans and follow-up care from medical professionals.

During the bombing, Alaa would fall asleep crying, not knowing if her daughters would still be alive in the morning

For the first time in months, Alaa felt that she was not facing the pregnancy alone. "They didn't just ask about my babies, they cared about me. They reminded me that my life matters too," she said.

As her due date approached, doctors confirmed that Alaa needed a caesarean section, but her family could not afford the cost. Islamic Relief covered the operation, medication, hospital stay and emergency blood transfusions Alaa needed during surgery.

Despite the enormous challenges around them, all three baby girls were delivered safely. "During the operation, I lost a lot of blood. I could feel myself fading. But I heard one of my daughters cry. That cry brought me back," Alaa said.

"They are my miracle. My proof that even in war, life insists on being born."

Alaa is now recovering with her daughters in her arms. With your donations, we provided the timely medical care and compassionate support that helped to protect Alaa and bring three new lives safely into the world.

In 2026, over 2,500 children have regained access to education through regular learning activities in core subjects. Over 1,500 children have benefited from psychosocial support services through individual and group sessions and other supportive activities that promote recovery and resilience.

The programme also provides awareness and support sessions for parents and caregivers to strengthen their ability to support and protect their children.

Through 13 educational spaces and facilities across North, Central, and South Gaza, we are providing safe and supportive learning environments for children from kindergarten to secondary school. These facilities have been rehabilitated and equipped to meet children's educational and psychosocial needs in line with education in emergencies standards.



Unbreakable dreams: **Tala's determination to keep learning in Gaza**



At just 16, Tala has lost almost her entire family, suffered serious injuries and now lives in a tent. Yet every morning, she walks an hour to school, determined to continue her education and become a dentist.

Tala is an eleventh-grade science student in Khan Younis, Gaza. Every morning at 6am, Tala leaves the tent where she lives, and makes the difficult journey on foot – across sand and rubble-strewn roads – to get to school. Her family cannot afford transport, so she makes the same journey home.

21 November 2024 was the day Tala's life changed forever. Her parents, siblings and other relatives were killed when their home was destroyed. Tala and her younger brother, Maher, were the only members of their immediate family to survive.

Tala was trapped beneath the rubble for around 30 minutes before neighbours heard her and rescued her. She suffered serious injuries to her eyes and jaw and still lives with pain. She needs replacement glasses and further dental treatment.

Tala hopes to become a dentist and help people who are living with pain like her own

Tala now lives with her grandmother and 13-year-old brother in a worn tent with little protection from the weather. "At night, we freeze from the cold, and during the day we suffer from the heat," Tala says. "We need food, but we have no regular income."

Islamic Relief sponsorship is helping Tala and her family meet some of their essential needs, including food and school supplies. "It covers part of my food needs and part of my school essentials," she says. "I send you my heartfelt thanks."

Tala has endured devastating loss, but her determination remains strong. With the support of her sponsor, she continues to study, care for her family and work towards the future she and her parents dreamed of.

SUPPORTING PALESTINIANS AT HOME AND ABROAD



Islamic Relief's regional and cross-border response supports Palestinians inside Gaza and families who have been forced to leave or remain stranded abroad, including in Egypt, Türkiye and Jordan.

In Türkiye, support includes food distributions, hot meals, psychosocial support, education, multipurpose cash assistance, and water, sanitation and hygiene services. In Jordan, Gazan families will receive vouchers to meet their individual basic needs, alongside tailored psychosocial support for children and their families.

In Egypt, we work with our strategic partner, Misr El Kheir (MEK), to provide food parcels and fresh meat to displaced Palestinian families. Through MEK and its partner on the ground, the Egyptian Committee, we also support people inside Gaza with hot meals, clothing and canned meat. Together, these interventions help families meet essential needs and protect their wellbeing during displacement.

Islamic Relief has been delivering aid in Gaza throughout this crisis and has been supporting Palestinians in need since 1997. We also continue to advocate for a fair future for Palestinians, and for an end to Israel's illegal occupation which drives poverty and injustice and strips people of their dignity and fundamental human rights.

Your generosity makes possible our support for Palestinian families living through one of the world's worst humanitarian crises. Please help us continue to save lives, ease hardship, and call for action to end the suffering of Palestinians in Gaza. Donate today.



"Worship Allah and associate nothing with Him. And be good to parents, relatives, orphans, the poor, near and distant neighbours..."

(Quran, 4:36)

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